E.M.S.O.A



Date ___ / ___ / ___

Week 1 2 3 4 5 = Fw Bk Rv In Tw

					Res	ults			
Event	Even	Odd	1	2	3	4	5	6	
200 Yard Medley Relay			8	4	2	-	-	-	14
200 Yard Freestyle			6	4	3	2	1	-	30
200 Yard Ind Medley			6	4	3	2	1	-	46
50 Yard Freestyle			6	4	3	2	1	-	62
1 Meter Diving			6	4	3	2	1	-	78
100 Yard Butterfly			6	4	3	2	1	-	94
100 Yard Freestyle			6	4	3	2	1	-	110
500 Yard Freestyle			6	4	3	2	1	_	120
200 Yard Free Relay			8	4	2	-	-	-	140
100 Yard Backstroke			6	4	3	2	1	-	150
100 Yard Breaststroke			6	4	3	2	1	-	172
400 Yard Free Relay			8	4	2	-	-	-	180

	Final Score (186 Total)			
Ī				

Start Time:	Finish Tin	ne:

E.M.S.O.A



[] Ladies [] Gentlemen Date ___ / ___ / ___

Week 1 2 3 4 $\overline{5} = \overline{FW} \overline{BK} RV In TW$

					Res	ults		
Event	Even	Odd	1	2	3	4	5	6
200 Yard Medley Relay			8	4	2	-	-	-
200 Yard Freestyle			6	4	3	2	1	-
200 Yard Ind Medley			6	4	3	2	1	_
50 Yard Freestyle			6	4	3	2	1	-
1 Meter Diving			6	4	3	2	1	-
100 Yard Butterfly			6	4	3	2	1	-
100 Yard Freestyle			6	4	3	2	1	-
500 Yard Freestyle			6	4	3	2	1	-
200 Yard Free Relay			8	4	2	-	-	-
100 Yard Backstroke			6	4	3	2	1	-
100 Yard Breaststroke			6	4	3	2	1	-
400 Yard Free Relay			8	4	2	-	-	-

Final Score (186 Total)					

Start Time:	Finish Time:
Start Time.	THIISH THIE.