

E.M.S.O.A

_____ vs. _____ (Home)

Ladies Gentlemen

Date ___/___/___

Week 1 2 3 4 5 = Fw Bk In Tw Rv



Event			Finish					
	Even	Odd	1	2	3	4	5	6
1. 200 Yard Med Relay			8	4	2	-	-	-
200 Yard JV Med Relay			8	4	2	-	-	-
2. 200 Yard Freestyle			6	4	3	2	1	-
100 Yard JV Freestyle			6	4	3	2	1	-
3. 200 Yard Ind Medley			6	4	3	2	1	-
100 Yard JV Ind Medley			6	4	3	2	1	-
4. 50 Yard Freestyle			6	4	3	2	1	-
50 Yard JV Freestyle			6	4	3	2	1	-
5. 1 Meter Diving			6	4	3	2	1	-
6. 100 Yard Butterfly			6	4	3	2	1	-
50 Yard JV Butterfly			6	4	3	2	1	-
7. 100 Yard Freestyle			6	4	3	2	1	-
8. 500 Yard Freestyle			6	4	3	2	1	-
9. 200 Yard Free Relay			8	4	2	-	-	-
200 Yard JV Free Relay			8	4	2	-	-	-
10. 100 Yard Backstroke			6	4	3	2	1	-
50 Yard JV Backstroke			6	4	3	2	1	-
11. 100 Yard Breaststroke			6	4	3	2	1	-
50 Yard JV Breaststroke			6	4	3	2	1	-
12. 400 Yard Free Relay			8	4	2	-	-	-

Even	Odd
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Var Final Score (186 Total)		JV Final Score	
Even	Odd	Even	Odd

Start Time: _____ Finish Time: _____ Worked with: _____