

2010-11 E.M.S.O.A.SWIMMING & DIVING EXAMINATION



Instructions: Only the answer sheet of this examination will be sent to Steve Davidson. You retain the questions for further study. Since correction is by a perforated key, you must use care in clearly marking the correct answer space on the answer sheet. Some questions are multiple choice. Please select only one answer for multiple-choice questions. For True - False questions mark "A" for True; and "B" for False.

NOTE: This year we are not requiring you to also tell us the rule that applies to the answer. Next year we will so please think about that as you take this test.

Definitions

- 1. A race officially begins when swimmers are called to the starting blocks by:
 - a. The announcer calling the event.
 - b. The four short whistles.
 - c. The referee's long whistle.
 - d. The starter stating "step up" or "step in."

Pool, Lane and Equipment

- 2. A proper recall device in a swim meet is:
 - a. A recall rope placed beyond 15 meters to the starting end of the pool.
 - b. An air horn.
 - c. The starting console horn.d. All of the above can be used.

Team Personnel

- 3. For all meets, coaches shall submit the names and order of swimmers for the relay no later than when competitors are called to the starting platform for the respective heat/race.
- 4. After the start of the 200-medley relay, the referee notices that a breaststroker, when leaving the starting platform, is bleeding from the foot. The referee is required to stop the race.
- 5. Swimmers are called to the blocks and it is noticed that a swimmer is wearing jewelry for the second time in the meet. The referee:
 - a. Asks the swimmer to take the earring out again.
 - b. Stops the meet and asks the coach to request that the swimmer remove the earring.
 - c. Disqualifies the swimmer only after the coach has been notified.
 - d. Disqualifies the swimmer.
- A swimmer may wear more than one suit in competition if:
 - a. Both teams give prior mutual consent.
 - b. Authorization to customize the suit is obtained from the state association.
 - c. Both suits are constructed of a woven/knit textile material and permeable.
 - d. No fastening system is on the two suits.
- 7. If a team, coach or swimmer submits an entry card to the referee that is incomplete, inaccurate or delivered late, the competitor or relay team is:
 - a. Disqualified from the meet.
 - b. Disqualified from the event.
 - c. Allowed to make the correction in the entry with no penalty.
 - d. May compete in the event but as exhibition only.
- In the 500-yard/400-meter freestyle event, the use of a lap counter is:
 - a. Required.
 - b. Optional but counter must count up.
 - c. Optional but counter may count in any direction.
 - d. Optional but counter may count in any direction and may use only verbal count.
- During a championship meet using a prelims and finals format, which of the following is an incorrect entry procedure?
 - a. A swimmer is entered into two relay events and three individual events and swims in the 200-freestyle relay in prelims and the 400-freestyle relay in finals.



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- A swimmer is entered into three relay events and one individual event and swims in the medley relay and 200- freestyle relay in prelims and the 400-freestyle relay in finals
- c. A swimmer is entered into two relay events and two individual events and swims in the medley relay and 200- freestyle relay in prelims and finals.
- d. A swimmer is entered into three relay events and two individual events and swims in the medley relay in prelims and the 400-freestyle relay in finals.
- 10. A competitor displaying signs, symptoms or behaviors consistent with a concussion shall be removed from the meet and shall not return until:
 - a. Cleared by the head coach.
 - b. Cleared by the head coach and parent(s).
 - c. Cleared by an appropriate health-care professional.
 - d. A 24-hour wait period and also cleared by a nurse or certified athletic trainer.

Officials and Their Duties

- 11. Which of the following would not be considered a duty of the referee during the meet?
 - a. Order an event to start without delay.
 - b. Determine disqualifications and/or notify competitors and/or their coaches.

 - c. Confirm that no athlete violates the individual entry limitation.
 d. Discharge a sounding device for the lead swimmer during the 500-yard/400-meter freestyle when the lead swimmer has two lengths plus 5 yards to go.
- 12. Dual confirmation is:
 - a. Recommended for relays.
 - b. Required only in championship meets.
 - c. Required in multi-team meets.
 - d. Required in all meets.

Meet Management

- 13. If a swimmer does not report and fails to compete in a swim-off:
 - a. The swimmer is disqualified.
 - b. The next two qualifiers shall be named in order to guarantee finalists.
 - c. The competitor automatically takes the lower position resulting from a swim-off.
 - d. Alternate qualifiers for a swim-off shall be selected.

Timing and Judging

- 14. When there is no indication of timing malfunction, the pad time is official.
- 15. If the decisions of the judges differ on the order of finish, the order is determined by adding ONLY the numerical value of the place given to that swimmer by each judge.

Scoring

- 16. The referee may declare a dual meet a forfeit when a team, without prior notification to the host team, is not ready to start the meet 45 minutes before the scheduled start time.
- 17. In a dual meet, three relay teams may score for each team in each relay event.

Swimming Events

- 18. For the 100-yard butterfly event, upon the command "Take your mark," swimmers shall assume a stationary position with their foot/feet at the front edge of the starting platform or pool edge.
- 19. When using dual confirmation, upon observing a false start, the referee and/or starter shall record in writing the lane or lanes of the infraction.
- 20. A swimmer misses the wall during the turn of the 500-yard freestyle. Upon realizing that the wall was missed, the swimmer sculls back to the wall, touches the wall and continues to swim. This is legal.
- 21. The referee/starter may recall the entire heat when:
 - a. Two or more swimmers have obtained an unfair advantage.
 - b. One swimmer has obtained an unfair advantage.
 - c. The starter or referee determines the race did not start properly.
 - d. A backstroke swimmer releases too early.



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Diving Competition

- 22. All dives of the same number, whether tuck, pike, straight or free position, are considered the same dive when completing a dive sheet.
- 23. The dive is judged deficient if the diver partially alters the position of the dive during flight.
- 24. When the diver and coach sign the diving sheet and turn it in to the diving referee, it confirms
 - a. Only the accuracy of the sheet.
 - b. That the diver is intending to perform the dives listed on the sheet.
 - c. Accuracy of the sheet and that the diver can perform the dives listed.
 - d. The diver's intent to enter competition.
- 25. Which of the following is not considered an unsatisfactory dive?
 - a. A diver hits the diving board.
 - b. The diver does not attempt to come out from the tuck or pike position.
 - c. A diver does not attempt to come out of the twist.
 - d. The diver partially alters the position of the dive during flight.